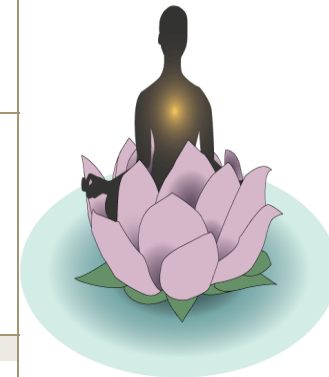


MARCH 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 8	2 10:30am-12:00pm Yin Yoga	3 6:30pm-7:45pm Intermediate	4 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	5 6:15pm-7:30pm Beginner	6 9:15-10:30am Level 1 10:45am-12:00pm Level 1-2 6:30pm-8:00pm Yin Yoga	7
8	9	10	11	12	13	14
15 1	16 10:30am-12:00pm Yin Yoga	17  6:30pm-7:45pm Intermediate	18 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	19 6:15pm-7:30pm Beginner	20 9:15-10:30am Level 1 10:45am-12:00pm Level 1-2 6:30pm-8:00pm Yin Yoga	21
22 2	23 10:30am-12:00pm Yin Yoga	24 6:30pm-7:45pm Intermediate	25 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	26 6:15pm-7:30pm Beginner	27 9:15-10:30am Beginner 10:45am-12:00pm Advanced 6:30-8:00pm Yin Yoga	28
29 3	30 10:30am-12:00pm Yin Yoga	31 6:30pm-7:45pm Intermediate				
		<p>NOTES: Closed for Corona Virus. We will reopen when it is safe.</p>				




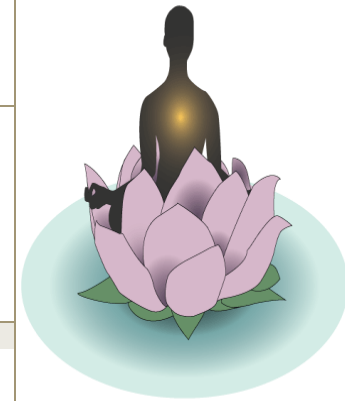
39 E Forrest Ave.
Ste 215
Shrewsbury, PA 17361

PHONE: 410-357-0882



APRIL 2020


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3			1 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	2 6:15pm-7:30pm Beginner	3 9:15-10:30am Beginner 10:45am-12:00pm Advanced 6:30-8:00pm Yin Yoga	4
5 4	6 10:30am-12:00pm Yin Yoga	7 6:30pm-7:45pm Intermediate	8 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	9 6:15pm-7:30pm Beginner	10 9:15-10:30am Beginner 10:45am-12:00pm Advanced 6:30-8:00pm Yin Yoga	11
12 5 	13 10:30am-12:00pm Yin Yoga	14 6:30pm-7:45pm Intermediate	15 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	16 6:15pm-7:30pm Beginner	17 9:15-10:30am Beginner 10:45am-12:00pm Advanced 6:30-8:00pm Yin Yoga	18
19 6	20 10:30am-12:00pm Yin Yoga	21 6:30pm-7:45pm Intermediate	22 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	23 6:15pm-7:30pm Beginner	24 9:15-10:30am Beginner 10:45am-12:00pm Advanced 6:30-8:00pm Yin Yoga	25
26 7	27 10:30am-12:00pm Yin Yoga	28 6:30pm-7:45pm Intermediate	29 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	30 6:15pm-7:30pm Beginner		
		NOTES: Closed for Corona Virus We will update and reopen when it is safe.				

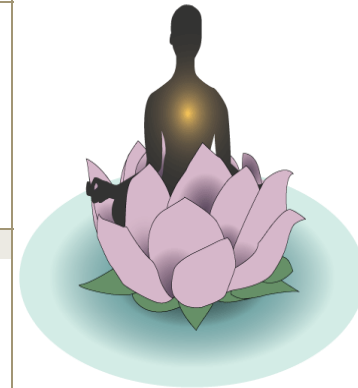


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MAY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7					1 9:15-10:30am Beginner 10:45am-12:00pm Advanced 6:30-8:00pm	2
3 8	4 10:30am-12:00pm Yin Yoga	5 6:30pm-7:45pm Intermediate	6 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	7 6:15pm-7:30pm Beginner	8 9:15-10:30am Beginner 10:45am-12:00pm Advanced 6:30-8:00pm Yin Yoga	9
10 9 	11 10:30am-12:00pm Yin Yoga	12 6:30pm-7:45pm Intermediate	13 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	14 6:15pm-7:30pm Beginner	15 9:15-10:30am Beginner 10:45am-12:00pm Advanced 6:30-8:00pm Yin Yoga	16
17 Break Week	18	19	20	21	22	23
24 1	25 	26 6:30pm-7:45pm Intermediate	27 9:15-10:30am Intermediate 10:45am-12:00pm Beginner	28 6:15pm-7:30pm Beginner	29 9:15-10:30am Beginner 10:45am-12:00pm Advanced 6:30-8:00pm Yin Yoga	30
31 2		NOTES:				



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